



Mental Health Resource Guide

Local Resources and Programs

Organization	Contact Information	Physical Address and Hours of Operation	Website
<p style="text-align: center;">Genesee Health System Crisis and Access Services</p> <p>Professional staff are available 24/7 to help with mental health, substance abuse, or family crises.</p> <p><u>If a person says they are considering suicide:</u></p> <ul style="list-style-type: none"> • Take the person seriously • Stay with them and help them remove lethal means • Call: <p style="padding-left: 40px;">GHS 24-hour Crisis Line: (810) 257-3740</p> <p style="padding-left: 40px;">Virtual Behavioral Health Urgent Care Line: (810) 496-5500</p> <p style="padding-left: 40px;">National Suicide Prevention Lifeline: 988</p> <ul style="list-style-type: none"> • Text FLINT to 741-741 to connect with a crisis counselor • Escort them to mental health services or an emergency room 	<p>24/7 Crisis Phone Line: (810) 257- 3740</p> <p>Toll-Free (866) 211-5455</p> <p style="text-align: center;">Or</p> <p>Text FLINT to 741-741 to connect with a crisis counselor</p> <p>GHS Main Phone Number: (810) 257-3705</p>	<p style="text-align: center;">Crisis Lines: Available 24/7</p> <p style="text-align: center;">GHS Main Campus/Access Center: 420 W. 5th Avenue Flint, MI 48503</p> <p style="text-align: center;">Hours:</p> <p style="text-align: center;">Monday – Friday: 8:00 AM – 5:00 PM Saturday – Sunday: Closed</p> <hr/> <p style="text-align: center;">Walk In Behavioral Health Urgent Care 422 W. 4th Avenue Flint, MI 48503</p> <p style="text-align: center;">Hours:</p> <p style="text-align: center;">Monday – Friday: 8:00 AM – 10:30 PM Saturday – Sunday: 10:00 AM – 5:00 PM</p>	<p>https://genhs.org/get-help-today/</p>
<p style="text-align: center;">Genesee Health System Children’s Integrated Services Assessment Clinic (Formerly GHS NCE)</p> <p>This assessment clinic has highly trained doctoral-level licensed neuropsychologists who study how learning and behavior are related to brain development and neural networks through comprehensive neuropsychological assessments.</p>	<p>Contact or go to the physical address for more information.</p> <p style="text-align: center;">(810) 496-5677</p>	<p style="text-align: center;">GHS Center for Children’s Integrated Services 1402 S. Saginaw Street, Flint, MI 48503</p> <p style="text-align: center;">Hours:</p> <p style="text-align: center;">Monday – Friday: 8:00 AM – 5:00 PM Saturday – Sunday: Closed</p>	<p>https://genhs.org/cisassessment/</p>

<p align="center">Youth Suicide Prevention Toolkit for Parents</p> <p>Online guides and warning signs for parents concerned about a child or teenager suffering depression or suicidal thoughts. Provides multiple resources.</p>	<p align="center">Online Resource</p>	<p align="center">N/A</p>	<p align="center">https://www.oakgov.com/community/health/health-a-z/information-a-z/youth-suicide-prevention-toolkit-for-parents</p>
<p align="center">Easterseals Michigan</p> <p>Provides comprehensive services to assist people in crisis and provide appropriate treatment for various issues. Available regardless of ability to pay.</p>	<p align="center">24/7 Crisis Phone Line (800) 231-1127</p> <p align="center">Genesee County On-call Crisis Phone Line: (810) 257-3740</p> <p align="center">Phone Numbers: (800) 757-3257 (810) 238-0475</p>	<p align="center">Crisis Lines: Available 24/7</p> <p align="center">Flint Office Address: 1420 West University Ave. Flint, MI 48504</p> <p align="center">Hours: Monday: 8:00 AM - 8:00 PM Tuesday - Thursday: 8:00 AM - 5:00 PM Friday: 8:00 AM - 3:00 PM Saturday and Sunday: Closed</p>	<p align="center">https://www.easterseals.com/michigan/who-we-are/crisis-services.html</p> <p align="center">https://www.easterseals.com/MORC/programs-and-services/childrens-services/</p>
<p align="center">Catholic Charities of Shiawassee and Genesee Counties</p> <p>A diverse agency that provides counseling, prevention, and education programs regardless of faith. The counseling program at Catholic Charities of Shiawassee and Genesee Counties helps children, adolescents, individuals, and families experiencing emotional or mental health issues and substance use addiction. Services offered include substance use assessments, driver's license assessments, mental health outpatient services, group treatment services, grief counseling, and health professionals' recovery program.</p>	<p align="center">(810) 232-9950</p>	<p align="center">Sheridan Center 901 Chippewa St Flint, MI 48503</p> <p align="center">Hours: Monday - Tuesday: 8:00 AM - 7:00 PM Wednesday – Thursday: 8:00 AM – 5:30 PM Friday: 8:00 AM - 4:30 PM EST Saturday - Sunday: Closed</p>	
<p align="center">Domestic Violence and Sexual Assault Programs (YMCA Greater Flint)</p> <p>This program serves survivors of domestic violence and sexual assault. Provides support services such as crisis counseling, victim advocacy, safe-house shelter, 24/7 crisis hotline, and Sexual Assault Response Team (SART)</p>	<p align="center">24/7 Crisis Line: (810) 238-7233</p> <p align="center">Main Line: (810) 238-7621</p> <p align="center">Email: info@ywcaflint.org</p>	<p align="center">801 S Saginaw Street Flint, MI 48502</p> <p align="center">Hours: Available 24/7</p>	<p align="center">https://www.ywcaflint.org/domestic-violence-sexual-assault</p>

<p style="text-align: center;">Hurley Mental Health Associates</p> <p>One of the largest outpatient mental health clinics in Michigan that assists patients in understanding emotional and behavioral problems.</p>	<p style="text-align: center;">(810) 262-2100</p> <p style="text-align: center;">Email: mentalhealthinfo@hurleymc.com</p>	<p style="text-align: center;">Hurley West Campus Building 1085 South Linden Road, Suite 150 Flint, MI 48532</p> <p style="text-align: center;">Clinic Hours: Monday – Thursday: 8:00 AM - 9:00 PM Friday – Saturday: 8:00 AM - 2:00 PM Sunday: Closed</p>	<p style="text-align: center;">https://www.hurleymc.com/locations/hurley-mental-healthassociates/</p>
<p style="text-align: center;">Training and Treatment Innovations (TTI)</p> <p>TTI provides clinic and community-based services to support children/adults with behavioral health issues and co-occurring disorders. In addition, TTI offers a full array of services to children with autism spectrum disorders, developmental disabilities, and emotional impairments. TTI delivers various specialty mental health services, including Applied Behavior Analysis, Clubhouse, and Employment Services. TTI accepts Medicaid and private insurance.</p>	<p style="text-align: center;">(810) 232-6081</p>	<p style="text-align: center;">929 Stevens Street Flint, MI 48506</p> <p style="text-align: center;">Hours: Monday – Friday: 8:00 AM – 5:00 PM Saturday – Sunday: Closed</p>	<p style="text-align: center;">https://ttiinc.org</p>
<p style="text-align: center;">Behavioral Health Services at Genesys Hillside Center (Ascension – Michigan)</p> <p>Ascension Genesys Hillside Center for Behavioral Health delivers care for those with behavioral health conditions. Ascension makes getting the care you need accessible - with virtual (telehealth) and in-person visits at all outpatient locations. This program provides individual and family therapy, child, adolescent, and adult care, psychiatric evaluations, medication management, relationship counseling, and trauma and abuse counseling. Specialized services that focus on mental health and substance abuse disorders, including but not limited to early recovery groups for addiction, gender-specific groups, coping with depression/anxiety groups, healthcare professionals' recovery program (HPRP), dialectical behavioral therapy (DBT), intensive outpatient program for addictions (IOP), residential treatment and detoxification for adult men, bariatric pre-surgery evaluations, driver's license evaluations, and an employee assistance program (EAP)</p>	<p style="text-align: center;">(810) 603-8800</p>	<p style="text-align: center;">8435 Holly Road Grand Blanc, MI 48439</p> <p style="text-align: center;">Hours: Monday - Thursday: 8:00 AM - 8:00 PM Friday – Sunday : Closed</p>	<p style="text-align: center;">N/A</p>
<p style="text-align: center;">First Presbyterian Church</p> <p>Provides a variety of compassionate and professional counseling and psychological support to the public.</p>	<p style="text-align: center;">(810) 234-0500</p> <p style="text-align: center;">Call to schedule an appointment.</p>	<p style="text-align: center;">746 Saginaw St. Flint, MI 48502</p>	<p style="text-align: center;">https://www.gerholz.org/</p>

<p align="center">Outpatient Therapy & Counseling (Hope Network)</p> <p>Provides uniquely coordinated behavioral health services, across a spectrum of diagnoses and treatments, across Michigan. Clinicians treat anxiety, depression, grief and loss, PTSD, and other conditions using evidence-based techniques proven to help people achieve their goals. Services include individual, marriage & family, group counseling, child & teen therapy, LGBTQ counseling, faith-based counseling, addiction counseling, psychological testing & evaluation, animal- assisted therapy, medication services, and perinatal mental health.</p>	<p align="center">(855) 922-2282</p>	<p align="center">2830 Corunna Road Flint, MI 48503</p> <p align="center">Hours: Monday - Friday: 8:00 AM - 5:00 PM Saturday – Sunday: Closed</p>	<p align="center">https://hopenetwork.org/therapy-and-counseling</p>
<p align="center">Counseling & Outpatient Services (Taylor Life Center) (TLC)</p> <p>Taylor Life Center offers outpatient counseling and therapy services for individuals, couples, and families from ages three and over. Therapy and treatment options are customized for each individual, couple, or family based on their emotional and psychological needs.</p> <p>This program provides psychiatric evaluations, individual therapy, psychiatric medication, cognitive behavioral groups, adolescent groups, a walk-in clinic, batterer’s intervention, anger management, substance abuse counseling, dialectical behavior therapy (DBT), and cognitive behavior therapy.</p>	<p align="center">(844) 318-4893</p>	<p align="center">G3169 Beecher Road, Suite 203 Flint, MI 48532</p> <p align="center">Hours: Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed</p>	<p align="center">https://taylorlifecenter.org/counseling-outpatient-services</p>
<p align="center">Mental Health Services (University of Michigan Health System Regional Alliance for Healthy Schools) (RAHS)</p> <p>RAHS offers various services to meet the mental health needs of teens, including counseling services for depression and anxiety, stress management groups, and support groups for grief or anger.</p> <p>Services include mental health assessment, individual therapy, group therapy, family therapy, wellness, prevention, and substance use program.</p>	<p align="center">(734) 998-2163</p> <p align="center">Email: UMHS-RAHS@med.umich.edu</p>	<p align="center">Regional Alliance for Health Schools KMS Building 3621 S. State Street Ann Arbor, MI 48108</p> <p align="center">Hours: Monday - Friday: 8:00 AM - 4:00 PM Saturday - Sunday: Closed</p>	<p align="center">https://umhs-rahs.org/services/behavioral-health/</p>

<p align="center">C-SAM Counseling Center</p> <p>Care and counseling for families and individuals.</p>	<p align="center">(810) 686-7313</p>	<p align="center">740 Center St. Clio, MI 48420</p>	<p align="center">N/A</p>
<p align="center">Mental Health Services (LifeStance Health)</p> <p>LifeStance Health is a group practice of therapists specializing in providing therapy to individuals, couples, and families of all ages and stages.</p> <p>This program provides individual therapy, couples therapy, family therapy, maternal and post-partum therapy, and telehealth services.</p>	<p align="center">(810) 494-7180</p> <p align="center">Call to schedule an appointment.</p>	<p align="center">Fenton Clinic 1100 Torrey Road, Suite 100 Fenton, MI 48430</p> <p align="center">Hours: Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed</p>	<p align="center">https://lifestance.com/location/fenton-mi-1100-torrey-road/#location-reviews</p>
<p align="center">List Psychological Services</p> <p>Dedicated to helping individuals with various mental health and substance abuse conditions. The agency provides anonymous screening to determine if behavioral health care would be beneficial.</p>	<p align="center">(810) 667-4500</p> <p align="center">Call to schedule an appointment.</p>	<p align="center">624 W. Nepessing Street, Suite 300 Lapeer, MI 48446</p> <p align="center">Hours: Monday – Thursday: 8:00 AM – 9:00 PM Friday: 8:00 AM – 5:00 PM Saturday – Sunday: Closed</p>	<p align="center">https://listpsych.com/offices-and-therapists/lapeer/</p>
<p align="center">Counseling Services (Thriveworks Counseling of Michigan)</p> <p>Thriveworks Counseling services help people learn how to deal more effectively with situations in their lives such as depression, stress, problems with self- esteem, grief, issues related to mental and emotional health, and relational problems.</p> <p>This program provides individual counseling, couples counseling, marriage counseling, family counseling, and telehealth counseling.</p>	<p align="center">(248) 716-7057</p>	<p align="center">Thriveworks West Bloomfield 7439 Middlebelt Road, Suite 3 West Bloomfield Township, MI 48322</p> <p align="center">Hours: Monday - Friday: 7:00 AM - 11:45 PM Saturday: 7:00 AM - 6:00 PM Sunday: 8:00 AM - 5:00 PM</p>	<p align="center">https://thriveworks.com</p>
<p align="center">Mental Health First Aid Training (Genesee Health System)</p> <p>You will learn to recognize the signs and symptoms of various mental health conditions and what to do until other help arrives.</p>	<p align="center">(810) 257-3705</p> <p>Email: Training@genhs.org</p>	<p align="center">N/A</p>	<p align="center">https://genhs.org/mhfa/</p>

<p style="text-align: center;">Teletherapy Services (Heartland Christian Mental Health Services)</p> <p>Heartland’s Teletherapy service provides mental health services to individuals anywhere in Michigan. Our highly trained professionals will discuss your therapy goals and help you with the process.</p> <p>Teletherapy services provides therapy and counseling for a variety of issues, including behavioral health conditions such as anxiety, depression, obsessive-compulsive disorder, panic attacks, postpartum depression and anxiety, substance use disorders, gambling, other addictions, relationship conflict, other family issues, coping with medical conditions, grief and loss, stress management, and trauma.</p>	<p style="text-align: center;">Toll-Free: (800) 678-5500</p> <p style="text-align: center;">(616) 956-9600 (TTY)</p>	<p style="text-align: center;">Hours:</p> <p style="text-align: center;">Monday - Thursday: 8:00 AM - 6:00 PM Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed</p>	<p style="text-align: center;">https://www.pinterest.org/about-us/contact-us/</p>
<p style="text-align: center;">Ele’s Place</p> <p>Healing center for grieving children and teens coping with losing a loved one.</p>	<p style="text-align: center;">(810) 232-3040</p>	<p style="text-align: center;">1188 Robert T. Longway Blvd Flint, MI 48503</p> <p style="text-align: center;">Hours:</p> <p style="text-align: center;">Monday – Thursday: 9:00 AM – 5:00 PM Friday: 8:00 AM – 12:00 PM Saturday – Sunday: Closed</p>	<p style="text-align: center;">https://www.elesplace.org/</p>
<p style="text-align: center;">Outpatient Substance Abuse Services (Holy Cross Services)</p> <p>Provides substance abuse and mental health and outpatient counseling for individuals with co-occurring substance use and mental health disorders.</p>	<p style="text-align: center;">(855) 384-3278</p> <p style="text-align: center;">Email: info@hccsnet.org</p>	<p style="text-align: center;">1030 N River Rd. Saginaw, MI 48609</p> <p style="text-align: center;">Hours:</p> <p style="text-align: center;">Monday - Friday: 9:00 AM - 5:00 PM Saturday - Sunday: Closed</p>	<p style="text-align: center;">https://holycrossservices.org/contact/</p>
<p style="text-align: center;">Genesee Community Health Center (GCHC)</p> <p>Complete health care for adults and children. Assists with various medical needs such as health screenings, well-child visits, mental health, substance abuse, and physicals. It also cares for multiple conditions such as diabetes, asthma, blood pressure, and cholesterol. The center also has access to lab and x-ray services.</p>	<p style="text-align: center;">(810) 496-5777</p> <p style="text-align: center;">Or</p> <p style="text-align: center;">Email: info@genchc.org</p>	<p style="text-align: center;">725 Mason Street Flint, MI 48503</p> <p style="text-align: center;">Hours:</p> <p style="text-align: center;">Monday – Friday: 8:00 AM – 4:30 PM Saturday – Sunday: Closed</p>	<p style="text-align: center;">https://www.genchc.org</p>

<p align="center">Flint Odyssey House Adolescent Program (Odyssey House)</p> <p>Substance Abuse program for adolescents between 13 to 17 years old. The Flint Odyssey House Adolescent Outpatient program offers a modified therapeutic community (MTC) for individuals with a substance use disorder. Individuals learn highly effective techniques that are instrumental in living a recovery lifestyle. Services include day treatment, intensive outpatient, individual counseling, case management, and peer recovery support services/family support.</p>	<p align="center">(810) 233-8815</p>	<p align="center">718 Oak Street Flint, MI 48503</p> <p align="center">Hours: Monday - Friday: 8:00 AM - 5:00 PM Saturday – Sunday: Closed</p>	<p align="center">https://www.odysseyvilage.com/</p>
<p align="center">Ascension Eastwood Recovery Center (Ascension – Michigan)</p> <p>Ascension Eastwood Recovery Center in Southfield, MI, provides residential treatment for men seeking recovery from addiction and mental health issues.</p> <p>This program provides addiction recovery, mental health care, and detox & residential treatment. Treatment plans may include assessment of needs & goals, weekly individual therapy, daily group therapy, daily education group, recovery meetings, such as AA/NA/recovery dharma (Buddhist)/SMART (Secular), and peer coaching.</p>	<p align="center">(248) 864-5200</p>	<p align="center">29451 Greenfield Road Southfield, MI 48076</p> <p align="center">Hours: Monday – Friday: 8:00 AM – 5:00 PM Saturday – Sunday: Closed</p>	
<p align="center">Partial Hospitalization Psychiatric Program (PHP) (McLaren Health Care)</p> <p>McLaren provides partial hospitalization programs for adults and adolescents to prevent inpatient psychiatric hospitalization or provide a transition for patients stepping down from inpatient mental health care. Conditions treated include depression, anxiety, bipolar, personality disorder, post-traumatic stress disorder, substance abuse treatment with a primary mental health disorder, and other disorders as determined by assessment.</p>	<p align="center">(517) 975-3212</p>	<p align="center">McLaren Flint Behavioral Health Center 401 South Ballenger Highway Flint, MI 48532</p> <p align="center">Hours: Monday – Friday: 8:00 AM – 5:00 PM Saturday – Sunday: Closed</p>	

<p align="center">Outpatient Treatment (Judson Center)</p> <p>Judson Center Outpatient Services offers traditional and crisis-driven therapy interventions to children, adolescents, and adults who need support managing their emotional, behavioral, and mental illnesses impacting their quality of life. Services provided include individual therapy, group therapy, case management, peer support, and psychiatric services.</p>	<p align="center">(248) 549-4339</p>	<p align="center">Judson Center Oakland 4410 West 13 Mile Road Royal Oak, MI 48073</p> <p align="center">Hours: Monday – Friday: 9:00 AM – 5:00 PM Saturday – Sunday: Closed</p>	<p align="center">https://www.judsoncenter.org/behavioral-health/#contactform</p>
<p align="center">NAMI Family Support Group (National Alliance on Mental Illness – Michigan)</p> <p>NAMI Family Support Group is a peer-led support group for family members, caregivers, and loved ones of individuals living with mental illness. Families assist each other in gaining insight from the challenges and successes of others facing similar circumstances. This program provides support groups and peer support.</p>	<p align="center">(800) 331-4264</p> <p align="center">Email: info@namimi.org</p>	<p align="center">401 South Washington Square, Suite 104 Lansing, MI 48933</p> <p align="center">Hours: Monday – Friday: 9:00 AM – 4:00 PM Saturday – Sunday: Closed</p>	<p align="center">https://namimi.org/our-programs/family-support-group</p>
<p align="center">Help Centers (Across Flint)</p> <p>Offers a variety of services to the community. Pick up water, food, and personal care items, receive physical and mental health services. Free and available to everyone, with no income requirements. Help Centers is a “one-stop shop” offering FREE resources for Flint residents, including foods and produce, physical health options, mental health services, personal care items, water filters, and replacement cartridges.</p>	<p align="center">Visit any of the provided addresses to receive services and additional information.</p> <p align="center">Hours of operation are below the physical address.</p>	<p align="center">Bethel United Methodist Church 1309 N. Ballenger Highway Flint, MI 48504 Monday 10:00 AM – 2:00 PM</p> <hr/> <p align="center">Asbury United Methodist Church 1653 Davison Rd, Flint, MI 48506 Tuesday 10:00 AM – 2:00 PM</p> <hr/> <p align="center">Greater Holy Temple Church of God In Christ 6702 N. Dort Highway Flint, MI 48505 Thursday 10:00 AM – 2:00 PM</p>	<p align="center">N/A</p>
<p align="center">Voices for Children Advocacy Center (Genesee County Center)</p> <p>Helps prevent child abuse and survivors become children again</p>	<p align="center">(810) 238-3333</p>	<p align="center">515 E. Street Flint, MI 48503</p>	<p align="center">https://voicesforcac.org/</p>

<p align="center">Deaf and Hearing-Impaired Services</p> <p>Provides American Sign Language interpreters, sign language counseling, sign language classes, support groups, video relay, and other assistive devices.</p>	<p align="center">(248) 473-1888</p> <p align="center">Or</p> <p align="center">Email: dhissvcs@gmail.com</p>	<p align="center">2804 Orchard Lake Road, Suite 208 Keego Harbor, MI 48320</p>	<p align="center">https://www.dhisinterpreting.com/</p>
<p align="center">Compassionate Friends (Flint Chapter)</p> <p>Self-help, bereavement support groups for parents, siblings, and grandparents.</p>	<p align="center">(810) 235-5600</p>	<p align="center">Hope United Methodist Church G-4467 Beecher Rd Flint, MI 48507</p>	<p align="center">http://www.compassionatefriendsflint.org</p>
<p align="center">Ennis Center (Genesee County Location)</p> <p>Community-based, in-home, foster care/adoption, and group home services to children and families. All programs are based on a strength assessment model and promote family stability and reunification when possible.</p>	<p align="center">(810) 233-4031</p>	<p align="center">129 East Third Street Flint, MI 48502</p>	<p align="center">https://www.enniscenter.org/</p>
<p align="center">Giesken Counseling Services</p> <p>Offers counseling services for a variety of topics and circumstances.</p>	<p align="center">(810) 626-5191</p> <p align="center">Email: info@gieskencounseling.com</p>	<p align="center">Grand Blanc Location: 8285 S. Saginaw Road Grand Blanc, MI 48439</p> <p align="center">Clarkston Location: 8949 Dixie Highway Clarkston, MI 48350</p> <p align="center">Hours: Monday – Friday: 8:00 AM – 9:00 PM Saturday – Sunday: Closed</p>	<p align="center">https://gieskencounseling.com/</p>
<p align="center">Oakland Psychological</p> <p>Oakland Psychological Clinic, P.C. (OPC) is an outpatient mental health and substance abuse clinic serving children, adolescents, adults, couples, families, and older people with eight convenient locations in Southeastern Michigan.</p>	<p align="center">Flint Contact Info: (810) 732-0560</p> <p align="center">Grand Blanc Contact Info: (810) 695-0055</p>	<p align="center">Flint Location: 2222 S. Linden Road, Suite J Flint, MI 48532</p> <p align="center">Grand Blanc Location: 10785 S. Saginaw Street Bldg. E, Suite A Grand Blanc, MI 48439</p>	<p align="center">https://www.oakpsych.com</p>

<p>Hamilton Community Health Network (HCHN)</p> <p>Federally Qualified Health Center (FQHC) delivers affordable, accessible, quality, and value-based primary health care to everyone in our community, regardless of their ability to pay. Our work helps to provide care to the nation's most vulnerable individuals and families, including people experiencing homelessness, agricultural workers, residents of public housing, and the nation's veterans.</p> <p>Services provided include:</p> <ul style="list-style-type: none"> - High-quality, culturally competent, comprehensive primary care - Supportive services such as health education, translation, and transportation - Connections to a pharmacy, mental health, substance use disorder, and oral health services 	<p>(810) 406-4246</p>	<p>Burton Clinic Address: G-3375 Saginaw Street Burton, MI 48529</p> <p>Hours:</p> <p>Monday - Thursday: 8:00 AM - 8:00 PM Friday: 8:00 AM - 5:30 PM Saturday - Sunday: Closed</p>	<p>https://hamiltonchn.org</p>
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National Resources and Programs

<p>988 Suicide and Crisis Lifeline</p> <p>Provides 24/7 support for people in distress and offers prevention and crisis resources.</p>	<p>Call or Text 988 (800) 273-8255 (TTY)</p> <p>or</p> <p>Use the Website to Start a Chat</p> <p>For Veterans: Dial 988, then Press 1</p>	<p>Available 24/7</p>	<p>http://988lifeline.org</p> <p>https://988lifeline.org/chat/</p>
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