



Mentoring Resource Guide

Local Resources and Programs

Organization	Contact Information	Physical Address and Hours of Operation	Website
<p style="text-align: center;">Community-Based Mentoring (Big Brothers Big Sisters of Flint and Genesee County)</p> <p>Community-based mentoring is the traditional Big Brothers Big Sisters relationship, where Bigs and Littles get together to share fun activities they enjoy. Matches typically meet for one hour a week.</p> <p>Getting together is a great time for both the Big and the Little. It does not require a special occasion or expensive activities; just a few hours every month to share the simple things you already like to do. Some potential activities include attending a Detroit Pistons or Detroit Tigers game, fishing, sharing a pizza, walking in the park, hanging out, or talking.</p>	<p style="text-align: center;">(810) 235-0617</p> <p>Email: info@bbbsflint.org</p>	<p>1176 Robert T. Longway Boulevard Flint, MI 48503</p> <p style="text-align: center;">Hours:</p> <p style="text-align: center;">Sunday: Closed Monday: 8:00 AM - 5:00 PM EST Tuesday: 8:00 AM - 5:00 PM EST Wednesday: 8:00 AM - 5:00 PM EST Thursday: 8:00 AM - 5:00 PM EST Friday: 8:00 AM - 5:00 PM EST Saturday: Closed</p>	<p style="text-align: center;">https://www.bbbsflint.org</p>
<p style="text-align: center;">4-H Youth Development Program (Michigan 4-H)</p> <p>The 4-H Youth Development Program provides fun educational opportunities that empower young people ages 5 to 19 years old with skills to lead for a lifetime and become the foundation for future success.</p> <p>This program provides youth development programs. Program topics include animal science, arts, careers, entrepreneurship, environments, outdoor education, global/cultural education, health/fitness, leadership citizenship/service, life skills, sciences, engineering, volunteering, and mentoring.</p>	<p style="text-align: center;">(810) 244-8532</p> <p>Email: jimmers3@msu.edu</p>	<p>605 Saginaw Street, Suite 1-A Flint, MI 48502</p> <p style="text-align: center;">Hours:</p> <p style="text-align: center;">Sunday: Closed Monday: 8:30 AM - 4:00 PM EST Tuesday: 8:30 AM - 4:00 PM EST Wednesday: 8:30 AM - 4:00 PM EST Thursday: 8:30 AM - 4:00 PM EST Friday: 8:30 AM - 4:00 PM EST Saturday: Closed</p>	<p style="text-align: center;">https://www.canr.msu.edu/4h/join_4_h</p>

<p style="text-align: center;">Boys and Girls Club of Greater Flint</p> <p>Many programs are designed to serve, encourage, and enable young people, especially those who need us most, to reach their full potential as productive, caring, and responsible citizens.</p>	<p style="text-align: center;">(810) 249-3413</p> <p>Email: info@bgclubflint.org</p>	<p style="text-align: center;">Averill Unit – Main Site 3701 N. Averill Ave. Flint, MI 48506</p> <p style="text-align: center;">Hours:</p> <p style="text-align: center;">Sunday: Closed Monday: 10:00 AM - 3:00 PM EST Tuesday: 10:00 AM - 3:00 PM EST Wednesday: 10:00 AM - 3:00 PM EST Thursday: 10:00 AM - 3:00 PM EST Friday: 10:00 AM - 3:00 PM EST Saturday: Closed</p>	<p style="text-align: center;">https://www.bgclubflint.org</p>
<p style="text-align: center;">Comprehensive Emergency Assistance Program (Salvation Army of Genesee County)</p> <p>The Comprehensive Emergency Assistance Program assists families and individuals with emergency needs for which there are no public forms of assistance. Genesee County residents in crises receive help with not only the emergency at hand but support through the crisis and help managing resources in the future.</p> <p>This program provides help to pay for utilities, assistance with evictions/foreclosures, emergency financial assistance, supplemental food assistance, bus passes, mentoring services, financial education, budget counseling, information, referrals, camps for youth and families, and seasonal assistance.</p>	<p style="text-align: center;">(810) 232-2196</p>	<p style="text-align: center;">211 West Kearsley Street Flint, MI 48502</p> <p style="text-align: center;">Hours:</p> <p style="text-align: center;">Sunday: Closed Monday: 8:30 AM - 5:00 PM EST Tuesday: 8:30 AM - 5:00 PM EST Wednesday: 8:30 AM - 5:00 PM EST Thursday: 8:30 AM - 5:00 PM EST Friday: 8:30 AM - 5:00 PM EST Saturday: Closed</p>	<p style="text-align: center;">https://centralusa.salvationarmy.org/genesee/social-services/</p>
<p style="text-align: center;">Wow Outreach</p> <p>Wow Outreach offers a variety of programs to mentor, provide resources to, and connect with young individuals.</p>	<p style="text-align: center;">(810) 789-7700</p> <p style="text-align: center;">Email: workingtogether@wowoutreach.org</p>	<p style="text-align: center;">6202 Dupont Street Flint, MI 48504</p>	<p style="text-align: center;">https://www.wowoutreach.org</p>

<p align="center">Young Life of Genesee County</p> <p>Faith-based Christian programs are specifically targeted toward supporting middle and high school students.</p>	<p align="center">(810) 391-2189</p>	<p align="center">G-5083 Miller Road, Suite C Flint, MI 48507</p>	<p align="center">https://genco.younglife.org</p>
<p align="center">Michigan Alliance for Families</p> <p>Michigan Alliance for Families provides information, support, and education for families with children (birth through 26 years of age) who receive (or may be eligible) special education services. This website can help you find information on special education issues and disability-specific information. Michigan Alliance can assist you in knowing your rights, effectively communicating your child's needs, and advising how to help them develop and learn.</p> <p>Services provided include learning opportunities across the state, leadership mentoring, support, electronic and printed resource information, and referrals to local community resources.</p>	<p>For English Speakers Call (800) 552-4821</p> <p>Para contactarnos en Español (313) 217-1060</p> <p>Email: info@michiganallianceforfamilies.org</p>	<p align="center">1325 South Washington Avenue Lansing, MI 48910</p> <p align="center">Hours:</p> <p align="center">Sunday: Closed Monday: 8:00 AM - 5:00 PM EST Tuesday: 8:00 AM - 5:00 PM EST Wednesday: 8:00 AM - 5:00 PM EST Thursday: 8:00 AM - 5:00 PM EST Friday: 8:00 AM - 5:00 PM EST Saturday: Closed</p>	<p align="center">https://www.michiganallianceforfamilies.org</p>
<p align="center">Teen Mom & Baby Group Homes – Alois and Sumpter Homes (Spectrum Human Services, Inc. & Affiliated Companies)</p> <p>Spectrum Human Services, Inc. & Affiliated Companies' Teen Mom & Baby Group Homes - Alois House and Sumpter House are group homes for teen mothers, ages fourteen to seventeen, who are either pregnant or have a child ages birth to three years old.</p> <p>We provide one-on-one guidance, consistency, parenting mentorship in a structured community environment, residential or therapeutic services, educational support, and resource guidance.</p>	<p align="center">(734) 458-8736</p> <p align="center">Email: info@spectrumhuman.org</p>	<p align="center">28303 Joy Road Westland, MI 48185</p> <p align="center">Hours:</p> <p align="center">Monday – Friday: 8:00 AM - 5:00 PM EST Saturday - Sunday: Closed</p>	<p align="center">https://www.spectrumhuman.org/SCFS/RP</p>
<p align="center">PFlag – Genesee County</p> <p align="center">Information and support for LGBTQ students.</p>	<p align="center">(810) 496-8302</p> <p align="center">Email: pflagflint@yahoo.com</p>	<p align="center">2474 South Ballenger Highway Flint, MI 48507</p>	<p align="center">https://pflag.org/findachapter/</p>

<p style="text-align: center;">The Mentoring Program (Common Ground)</p> <p>Common Ground offers a youth-centered program to provide up to 12 months of community-based mentoring for youth survivors of commercial sexual exploitation or youth identified as at-risk for being commercially sexually exploited. The mentoring relationship allows youth to identify and work towards personal goals and establish healthy relationships.</p> <p style="text-align: center;">Services provided include community-based mentoring.</p>	<p>24/7 Crisis Line: (800) 231-1127</p> <p>(248) 547-2260</p> <p>Email: Mentoring@CGHelps.org</p>	<p>1200 N. Telegraph Road Building #32E Pontiac, MI 48341</p> <p>Hours:</p> <p>Sunday: Closed Monday: 8:00 AM - 5:00 PM EST Tuesday: 8:00 AM - 5:00 PM EST Wednesday: 8:00 AM - 5:00 PM EST Thursday: 8:00 AM - 5:00 PM EST Friday: 8:00 AM - 5:00 PM EST Saturday: Closed</p>	<p>https://commongroundhelps.org</p>
<p style="text-align: center;">Flint Kids Cook</p> <p>Led by a chef and registered dietitian, our programs allow children to actively participate in chopping, peeling, measuring, mixing, and baking healthy foods while learning about the importance of nutrition. Kids learn new cooking skills and recipes that promote healthy eating and cultivate a love for cooking. Choose from three cooking and nutrition programs: Flint Families Cook, Flint Kids Cook, and Flint Kids Bake.</p>	<p>Register online for classes on the website</p>	<p>N/A</p>	<p>https://msuhurleypphi.org/nutrition/Flint%20Kids%20Cook.html</p>

National Resources and Programs

Organization	Contact Information	Physical Address and Hours of Operation	Website
<p style="text-align: center;">Outdoor Mentors (Pass It On Outdoor Mentors Inc)</p> <p>Pass It On offers the Outdoor Mentors program, which provides outdoor mentoring to children through different activities such as fishing, camping, hiking, bird watching, archery, hunting, shooting sports, sailing, or just about any other traditional outdoor activity from the willing mentors to share their time thereby giving children a chance to experience the great outdoors.</p> <p>This program provides mentoring and outdoor recreation programs.</p>	<p style="text-align: center;">(316) 290-8883</p>	<p style="text-align: center;">Hours:</p> <p style="text-align: center;">Sunday: Closed Monday: 9:00 AM - 6:00 PM EST Tuesday: 9:00 AM - 6:00 PM EST Wednesday: 9:00 AM - 6:00 PM EST Thursday: 9:00 AM - 6:00 PM EST Friday: 9:00 AM - 6:00 PM EST Saturday: Closed</p>	<p style="text-align: center;">https://www.outdoormentors.org</p>
<p style="text-align: center;">Mentoring (Strive for College)</p> <p>UStrive is an online mentoring platform connecting high school students with a mentor to help guide them through the college application process. Students and mentors meet on the Strive platform. The platform hosts various valuable tools to help guide and navigate the college application process.</p>	<p style="text-align: center;">(415) 562-5770</p>	<p style="text-align: center;">Hours:</p> <p style="text-align: center;">Sunday: Closed Monday: 11:00 AM - 8:00 PM EST Tuesday: 11:00 AM - 8:00 PM EST Wednesday: 11:00 AM - 8:00 PM EST Thursday: 11:00 AM - 8:00 PM EST Friday: 11:00 AM - 8:00 PM EST Saturday: Closed</p>	<p style="text-align: center;">https://www.ustrive.com</p>
<p style="text-align: center;">Individual Support and Mentor Program (The Autism Community in Action) (TACA)</p> <p>Talk About Curing Autism (TACA) is dedicated to educating, empowering, and supporting families affected by autism. TACA helps to strengthen the autism community by connecting families and the professionals who can help them, allowing them to share stories and information to help improve the quality of life for people with autism. This program provides parent empowerment, support mentorship, peer support, live chat, and educational resources.</p>	<p style="text-align: center;">(855) 726-7810 Or Apply on their website</p>	<p style="text-align: center;">Hours:</p> <p style="text-align: center;">Sunday: Closed Monday: 11:00 AM - 8:00 PM EST Tuesday: 11:00 AM - 8:00 PM EST Wednesday: 11:00 AM - 8:00 PM EST Thursday: 11:00 AM - 8:00 PM EST Friday: 11:00 AM - 8:00 PM EST Saturday: Closed</p>	<p style="text-align: center;">https://tacanow.org</p>

<p style="text-align: center;">Peer to Peer Cancer Mentorship (Imerman Angels)</p> <p>Imerman Angels provide personalized connections, enabling 1-on-1 support among cancer fighters, survivors, and caregivers.</p> <p>Through our unique matching process, Imerman Angels partner individuals seeking cancer support with a “Mentor Angel.” These 1-on-1 relationships inspire hope and offer the chance to ask personal questions and receive support from someone who is uniquely familiar with the experience. Mentor Angels can lend support and empathy while helping cancer fighters and caregivers navigate the system, determine their options, and create their own support systems. Support is also provided to those who have lost someone to cancer and are looking to speak to someone who has lost someone to cancer.</p> <p>Frequently, caregivers experience feelings like those of the person facing cancer. Mentor Angels can relate while being sensitive to the experience and situation.</p> <p>The service is free and helps anyone touched by any cancer, at any stage or age, living anywhere in the world. Each applicant speaks personally with a staff member of Imerman Angels, and all Mentor Angels are properly screened and trained.</p>	<p style="text-align: center;">(866) 463-7626</p>	<p style="text-align: center;">Hours:</p> <p style="text-align: center;">Sunday: Closed Monday: 10:00 AM - 7:00 PM EST Tuesday: 10:00 AM - 7:00 PM EST Wednesday: 10:00 AM - 7:00 PM EST Thursday: 10:00 AM - 7:00 PM EST Friday: 10:00 AM - 7:00 PM EST Saturday: Closed</p>	<p style="text-align: center;">https://imermanangels.org</p>
<p style="text-align: center;">Peer to Peer Program (Head & Neck Cancer Alliance) (HNCA)</p> <p>HNCA is partnering with Imerman Angels (IA) to provide peer-to-peer support for the head and neck cancer community. Mentors are matched with patients, survivors, and caregivers to provide one-on-one emotional support and compassion.</p> <p style="text-align: center;">This program provides peer support and mentoring.</p>	<p style="text-align: center;">(866) 792-4622 Or Apply on their website</p> <p style="text-align: center;">Email: info@headandneck.org</p>	<p style="text-align: center;">Hours:</p> <p style="text-align: center;">Sunday: Closed Monday: 8:00 AM - 5:00 PM EST Tuesday: 8:00 AM - 5:00 PM EST Wednesday: 8:00 AM - 5:00 PM EST Thursday: 8:00 AM - 5:00 PM EST Friday: 8:00 AM - 5:00 PM EST Saturday: Closed</p>	<p style="text-align: center;">https://headandneck.org/peer-to-peer-program/</p>

<p align="center">Youth Mentoring Program (Tuesday's Children)</p> <p>Tuesday's Children pairs caring adults with children ages 6-18 who have lost a loved one who served in the U.S. military post-9/11. These mentee-mentor matches become lasting, meaningful friendships using the Long-Term Healing Model. If interested, complete the enrollment form online. A staff member from Tuesday's Children will contact you to answer your questions and plan a time to meet with you in your home. Tuesday's Children's Youth Mentoring Program can be delivered in-person, virtually, or as a combination of both.</p>	<p align="center">(212) 332-2980 Or Apply on their website</p> <p align="center">Email: sara@tuesdayschildren.org kathy@tuesdayschildren.org</p>	<p align="center">Hours:</p> <p align="center">Sunday: Closed Monday: 8:00 AM - 5:00 PM EST Tuesday: 8:00 AM - 5:00 PM EST Wednesday: 8:00 AM - 5:00 PM EST Thursday: 8:00 AM - 5:00 PM EST Friday: 8:00 AM - 5:00 PM EST Saturday: Closed</p>	<p align="center">https://www.tuesdayschildren.org</p>
<p align="center">Leaders in Training Program Model-Positive Role Models (Youth Haven Inc)</p> <p>Leaders in Training program is designed specifically for those teens who have accepted Christ as Savior, have shown a desire to grow in their walk with Him, have exhibited good behavior at Youth Haven, and desire to help with the children. Teens complete in-service training before becoming a leader in training (LITs), and LITs receive regular evaluations throughout the program to encourage and challenge them as they grow. Our staff continues to mentor them and sustain a stable positive influence in their lives. At the same time, LITs can work directly with the children alongside our team. These trainees develop valuable leadership skills in the process. Positive Role Models program provides mentoring to children in need.</p>	<p align="center">(517) 569-3328</p>	<p align="center">Hours:</p> <p align="center">Sunday: Closed Monday: 8:00 AM - 5:00 PM EST Tuesday: 8:00 AM - 5:00 PM EST Wednesday: 8:00 AM - 5:00 PM EST Thursday: 8:00 AM - 5:00 PM EST Friday: 8:00 AM - 5:00 PM EST Saturday: Closed</p>	<p align="center">https://www.youthhaven.org</p>
<p align="center">Recovery Mentor (National Association of Anorexia Nervosa and Associated Disorders) (ANAD)</p> <p>ANAD's Recovery Mentorship Program provides free eating disorder support online for those who struggle with eating disorders but are motivated to recover. ANAD mentors have walked the difficult road to recovery from their eating disorder and are recovered for at least two years. The program provides a mentorship program. Mentors spend six months working with and supporting their mentees as a source of hope, wisdom, and empathy. Mentors and mentees meet for at least 1 hour of support weekly via phone or video conferencing.</p>	<p align="center">(888) 375-7767</p> <p align="center">Email: hello@anad.org</p>	<p align="center">Hours:</p> <p align="center">Sunday: Closed Monday: 9:00 AM - 9:00 PM CST Tuesday: 9:00 AM - 9:00 PM CST Wednesday: 9:00 AM - 9:00 PM CST Thursday: 9:00 AM - 9:00 PM CST Friday: 9:00 AM - 9:00 PM CST Saturday: Closed</p>	<p align="center">https://anad.org</p>

<p style="text-align: center;">Family 2 Family (Children’s Brain Tumor Foundation)</p> <p>The Children's Brain Tumor Foundation is a non-profit organization founded in 1988 by dedicated parents, physicians, and friends. Our mission is to improve the treatment, quality of life, and long-term outlook for children with brain and spinal cord tumors through research, support, education, and advocacy for families and survivors.</p> <p>The Family-to-Family Network (F2F) is the oldest program of the Children's Brain Tumor Foundation (CBTF). The F2F Network connects parent and survivor mentors to families seeking peer support. We recognize the expertise and support which can be provided by people who have shared a similar experience. The F2F Network also connects bereaved parents and family members to bereaved mentors for support. We always try to match you with the best possible connections.</p>	<p style="text-align: center;">(866) 228-4673</p>	<p style="text-align: center;">Hours:</p> <p style="text-align: center;">Sunday: Closed Monday: 8:00 AM - 5:00 PM EST Tuesday: 8:00 AM - 5:00 PM EST Wednesday: 8:00 AM - 5:00 PM EST Thursday: 8:00 AM - 5:00 PM EST Friday: 8:00 AM - 5:00 PM EST Saturday: Closed</p>	<p style="text-align: center;">https://cbtf.org</p>
<p style="text-align: center;">Youth Mentoring Program (The National Alopecia Areata Foundation) (NAAF)</p> <p>NAAF’s Youth Mentor Program connects children living with alopecia areata and their parents to dedicated young adult mentors to formulate lasting bonds while providing support and guidance on dealing with the day-to-day challenges stemming from alopecia areata.</p> <p style="text-align: center;">We provide mentoring.</p> <p>Youth Mentors and mentees connect through a platform where mentors provide a short bio about themselves for parents and kids to review. Once the mentor/mentee connection is made through NAAF, the conversations and process would happen over Skype, phone calls, and face-to-face.</p> <p>There is no fee to join the program. However, scheduled activities between the mentor and mentee may cost money, and payment shall be worked out between the mentor and the mentee’s parents/guardian (such as the cost of a meal or bowling).</p>	<p style="text-align: center;">(415) 472-3780</p> <p style="text-align: center;">Email: info@naaf.org</p>	<p style="text-align: center;">Hours:</p> <p style="text-align: center;">Sunday: Closed Monday: 11:00 AM - 8:00 PM EST Tuesday: 11:00 AM - 8:00 PM EST Wednesday: 11:00 AM - 8:00 PM EST Thursday: 11:00 AM - 8:00 PM EST Friday: 11:00 AM - 8:00 PM EST Saturday: Closed</p>	<p style="text-align: center;">https://www.naaf.org</p>

<p style="text-align: center;">The Peer and Family Support Program (Christopher and Dana Reeve Foundation)</p> <p>The Peer & Family Support Program provides direct mentors to people living with paralysis and those who care for them. Our mentors are living with paralysis or caring for someone living with paralysis and understand what you are going through.</p> <p style="text-align: center;">We offer peer-to-peer networking.</p> <p>We have found peer mentoring can help with transition home from a rehab center, researching a job or educational opportunities, getting information on health and secondary conditions, coping with the responsibilities and emotional challenges of being a caregiver, building confidence and motivation, navigating local, state, and national resources, and more.</p>	<p style="text-align: center;">(800) 225-0292 Or Apply on their website</p> <p style="text-align: center;">Email: Information@ChristopherReeve.org</p>	<p style="text-align: center;">Hours:</p> <p style="text-align: center;">Sunday: Closed Monday: 9:00 AM - 5:00 PM EST Tuesday: 9:00 AM - 5:00 PM EST Wednesday: 9:00 AM - 5:00 PM EST Thursday: 9:00 AM - 5:00 PM EST Friday: 9:00 AM - 5:00 PM EST Saturday: Closed</p>	<p style="text-align: center;">https://www.christopherreeve.org</p>
<p style="text-align: center;">Life Coaching (Light Side Wellness LLC)</p> <p>Light Side Wellness LLC provides virtual life coaching sessions with Sarah Beltran, MSW. Life coaching is a form of individualized support to help you define and achieve your goals. It is an action-based, solution-focused, collaborative process that provides a framework to identify, track, and maintain progress toward living your most desired life!</p> <p>Life coaching can assist with several life difficulties, including breaking bad habits/establishing healthy habits, managing and reducing high stress and feelings of being overwhelmed, conquering a lack of motivation, overcoming academic struggles, gaining life skills (spatial organization, time management, personal hygiene and grooming, budgeting, etc.), stabilizing after a significant life event, transitioning into a new social or professional role, answering career-related and other life path questions, unblocking your creative flow, resolving conflict and communication problems, mental health, addiction recovery, and many more topics.</p>	<p style="text-align: center;">(954) 546-3831</p> <p style="text-align: center;">Email: lightsidewellness@gmail.com</p>	<p style="text-align: center;">Hours:</p> <p style="text-align: center;">Sunday: Closed Monday: 9:00 AM - 9:00 PM Tuesday: 9:00 AM - 9:00 PM Wednesday: 9:00 AM - 9:00 PM Thursday: 9:00 AM - 9:00 PM Friday: 9:00 AM - 9:00 PM Saturday: 9:00 AM - 9:00 PM</p>	<p style="text-align: center;">https://lightsidewellness.co</p>

<p align="center">Parent Mentor Program (Project NICU)</p> <p>Project NICU's Parent Mentor Program is designed for parents currently in the NICU as the most personal way to connect. New NICU Parents will be matched with a veteran NICU Parent who can help provide support and connection during this journey. Parents are connected within 24 hours with an amazing, supportive, understanding parent who has "been there."</p> <p align="center">This program provides mentoring and one on one support.</p> <p>Project NICU Parent Mentors provide support by sharing their experiences during their journey. Parent mentors are not medical or mental health professionals. Applicants are encouraged to speak directly with their baby's care team regarding medical needs or decisions.</p>	<p align="center">Apply on their website</p> <p align="center">Or</p> <p align="center">Email: hello@projectnicu.com</p>	<p align="center">Hours:</p> <p align="center">Sunday: Closed Monday: 8:00 AM - 5:00 PM CST Tuesday: 8:00 AM - 5:00 PM CST Wednesday: 8:00 AM - 5:00 PM CST Thursday: 8:00 AM - 5:00 PM CST Friday: 8:00 AM - 5:00 PM CST Saturday: Closed</p>	<p align="center">https://www.projectnicu.com</p>
<p align="center">SurvivorLink Peer Mentoring (Young Survival Coalition)</p> <p>SurvivorLink Peer Mentoring helps young women facing breast cancer find the support, wisdom, and understanding only a fellow survivor can provide. Trained peer mentors are young women from all backgrounds and volunteer as empathetic listeners. This program offers mentoring.</p> <p align="center">Peer mentors are women who:</p> <ul style="list-style-type: none"> - Were diagnosed in their early 20s - Are partnered with other women - Have had chemotherapy while pregnant <ul style="list-style-type: none"> - Live with metastatic disease - Are estrogen receptor +/- or HER2+ - Have had a double mastectomy or an oophorectomy <ul style="list-style-type: none"> - Are triple negative <p>To begin sharing experiences with a trained volunteer, don't hesitate to contact the YSC email. They will focus on your interests and concerns to find the best match for you among their network of compassionate young adults. Your match will typically contact you by phone for an informal talk within 48 hours.</p>	<p align="center">(877) 972-1011</p> <p align="center">Email: resourcelink@youngsurvival.org</p>	<p align="center">Hours:</p> <p align="center">Sunday: Closed Monday: 8:00 AM - 5:00 PM EST Tuesday: 8:00 AM - 5:00 PM EST Wednesday: 8:00 AM - 5:00 PM EST Thursday: 8:00 AM - 5:00 PM EST Friday: 8:00 AM - 5:00 PM EST Saturday: Closed</p>	<p align="center">https://www.youngsurvival.org/talk-one-on-one</p>

<p align="center">Preemie Parent Support Services (Graham's Foundation)</p> <p>Graham's Foundation's support programs are designed to meet the unique needs of families after preterm birth empowering parents through support, advocacy, and research to improve outcomes for their preemies and themselves.</p> <p>This program provides support services for preemie parents.</p> <p>Graham's Foundation offers connections with other preemie parents, preemie parent mentors, and care packages for preemie parents, which include our NICU Care Package, Transition Home Care Package, or Remembrance Care Package.</p> <p>Additional parent resources include the MyPreemie app, NICU ambassadors, Facebook community, overcoming feeding challenges community, resource directory, and information sheets.</p>	<p align="center">(888) 466-2948</p> <p align="center">Or</p> <p align="center">Find more information on their website</p>	<p align="center">Hours:</p> <p align="center">Sunday: Closed Monday: 8:00 AM - 5:00 PM EST Tuesday: 8:00 AM - 5:00 PM EST Wednesday: 8:00 AM - 5:00 PM EST Thursday: 8:00 AM - 5:00 PM EST Friday: 8:00 AM - 5:00 PM EST Saturday: Closed</p>	<p align="center">https://www.grahamsfoundation.org</p>
<p align="center">Post Resettlement (Samaritas)</p> <p>Post Resettlement offers extended case management to individuals and families to promote long-term self-sufficiency and community integration. We serve refugees, asylees, victims of trafficking, Cuban/Haitian entrants, Special Immigrant Visa (SIV) holders, and qualified Amerasians from Vietnam who have been in the United States for less than five years.</p> <p align="center">Services include:</p> <ul style="list-style-type: none"> - Help with cultural orientation and community integration - Help with applying for and navigating DHHS benefits <ul style="list-style-type: none"> - Financial literacy - Help with obtaining permanent residency/citizenship - English for Speakers of Other Languages (ESOL) classes - Interpretation/translation related to available services <ul style="list-style-type: none"> - Transportation related to available services - Matching with a volunteer cultural mentor for additional support 	<p align="center">(248) 423-2790</p>	<p align="center">2170 East Big Beaver Road, Suite B Troy, MI 48083</p> <p align="center">Hours:</p> <p align="center">Sunday: Closed Monday: 8:00 AM – 5:00 PM EST Tuesday: 8:00 AM – 5:00 PM EST Wednesday: 8:00 AM – 5:00 PM EST Thursday: 8:00 AM – 5:00 PM EST Friday: 8:00 AM – 5:00 PM EST Saturday: Closed</p>	<p align="center">https://www.samaritas.org/New-Americans/PostResettlement</p>

<p style="text-align: center;">Gender Journeys Mentorship</p> <p>Gender Journeys is a free mentorship program for members of the trans, non-binary, genderqueer, and gender non-conforming community. Topics of mentorship can include community empowerment, understanding intersectionality, unlearning, and personal growth. This program helps trans, non-binary, genderqueer, gender expansive, and gender questioning adults to explore their gender identity, build community, increase confidence, and develop new skills. Please fill out the online interest form to be added to the waitlist for this program.</p>	<p style="text-align: center;">Email: info@genderillumination.com</p>	<p style="text-align: center;">Hours: Sunday: Closed Monday: 11:00 AM - 8:00 PM EDT Tuesday: 11:00 AM - 8:00 PM EDT Wednesday: 11:00 AM - 8:00 PM EDT Thursday: 11:00 AM - 8:00 PM EDT Friday: 11:00 AM - 8:00 PM EDT Saturday: Closed</p>	<p style="text-align: center;">https://genderillumination.com/mentorship</p>
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